

Lesson Plan: Four Part Groove

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1. Start by teaching everybody the Bucket 1 part with body percussion and chanting. Use pat/clap and a neutral syllable like "Ba," or whatever syllables/body percussion you like.

2. Have half the class keep a steady beat by snapping/clapping/stomping and half play Bucket 1 on body percussion. Switch.

3. Teach Bucket 2 with body percussion just like Step 1. Use "Snap Snap Pat Pat Pat." Repeat Step 2.

4. Add instruments. Start with the Bottle rhythm and Bucket 1. Add in the other instruments when the groove feels stable.

80-140 bpm

Bottle

Scratcher

Scratch Tap

Bucket 1

R L R R L

Bucket 2

Stick clicks R L R

Emergency Tips

- Use a lot of body percussion before you let students use sticks
- Start with one part and add on when things are stable
- If it isn't working, have students chant the rhythm and move to the beat

2017 Summer Junkyard Percussion Workshop
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