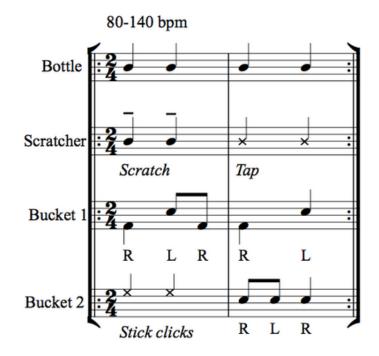
Lesson Plan: Four Part Groove

David Birrow

- 1. Start by teaching everybody the Bucket 1 part with body percussion and chanting. Use pat/clap and a neutral syllable like "Ba," or whatever syllables/body percussion you like.
- 2. Have half the class keep a steady beat by snapping/clapping/stomping and half play Bucket 1 on body percussion. Switch.
- 3. Teach Bucket 2 with body percussion just like Step 1. Use "Snap Snap Pat Pat Pat." Repeat Step 2.
- 4. Add instruments. Start with the Bottle rhythm and Bucket 1. Add in the other instruments when the groove feels stable.



Emergency Tips

- Use a lot of body percussion before you let students use sticks
- Start with one part and add on when things are stable
- If it isn't working, have students chant the rhythm and move to the beat

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